

# Sex and Relationship Education



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## Teenage Pregnancy Strategy

10 year strategy in North Yorkshire with 2 targets:

- To halve the rates of under 18 conceptions by 2010
- To increase the numbers of teenage parents accessing education, training or employment



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## Developments since scrutiny review

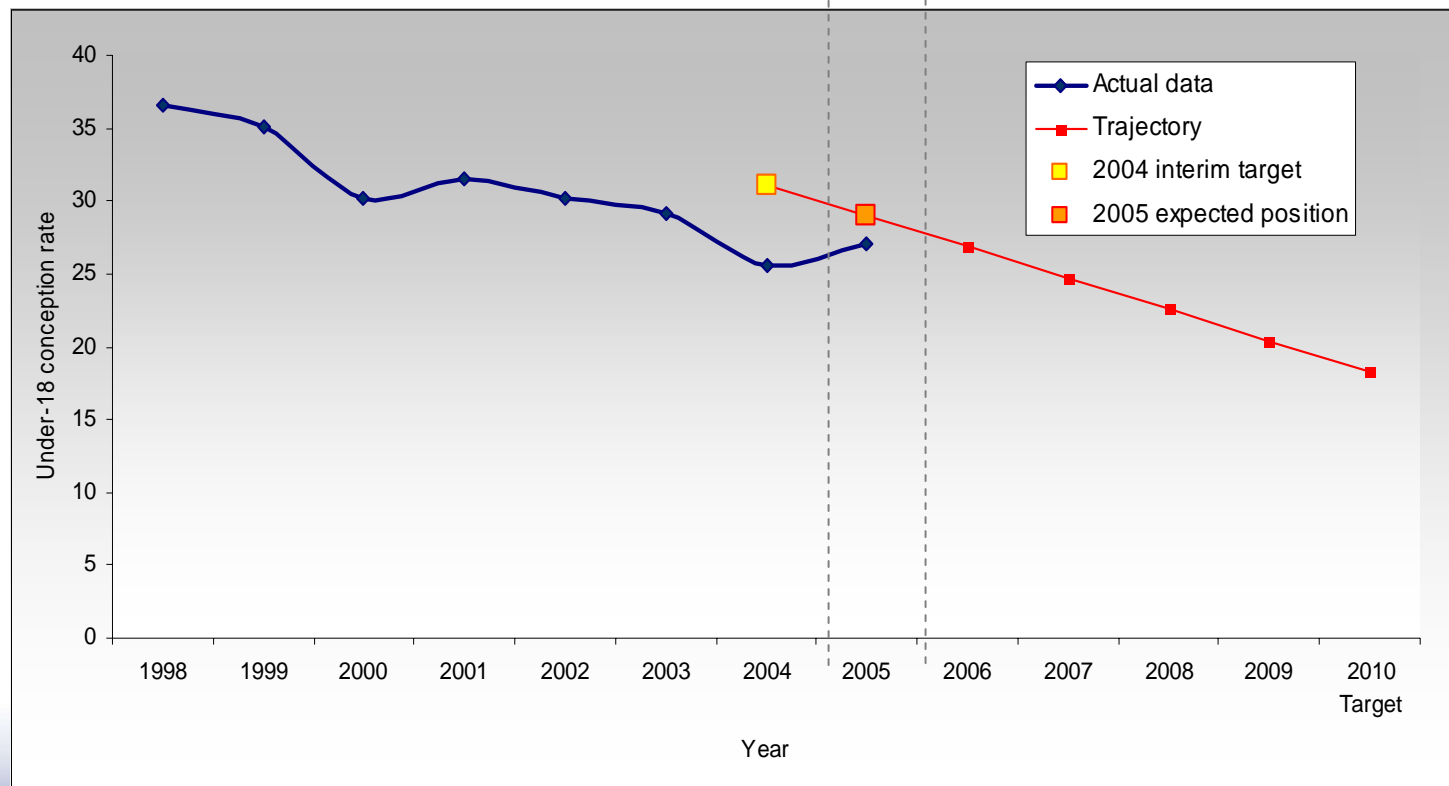
- National guidance issued to Local Authorities and PCT's on effective delivery of teenage pregnancy strategies
- Teenage Pregnancy Strategy Co-ordinator post full time
- Full time Healthy Schools Consultant appointed
- North Yorkshire under 18 teenage pregnancy rates reduced by 26.1% (Compares to a national decrease of 11.8%)
- 318 U18 conceptions in 2005. 46.9% of these ended in abortion
- Green lighted, but Government Office & DCSF have reminded areas that teenage pregnancy needs to remain a priority in order to accelerate and maintain the downward trend



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# North Yorkshire Progress



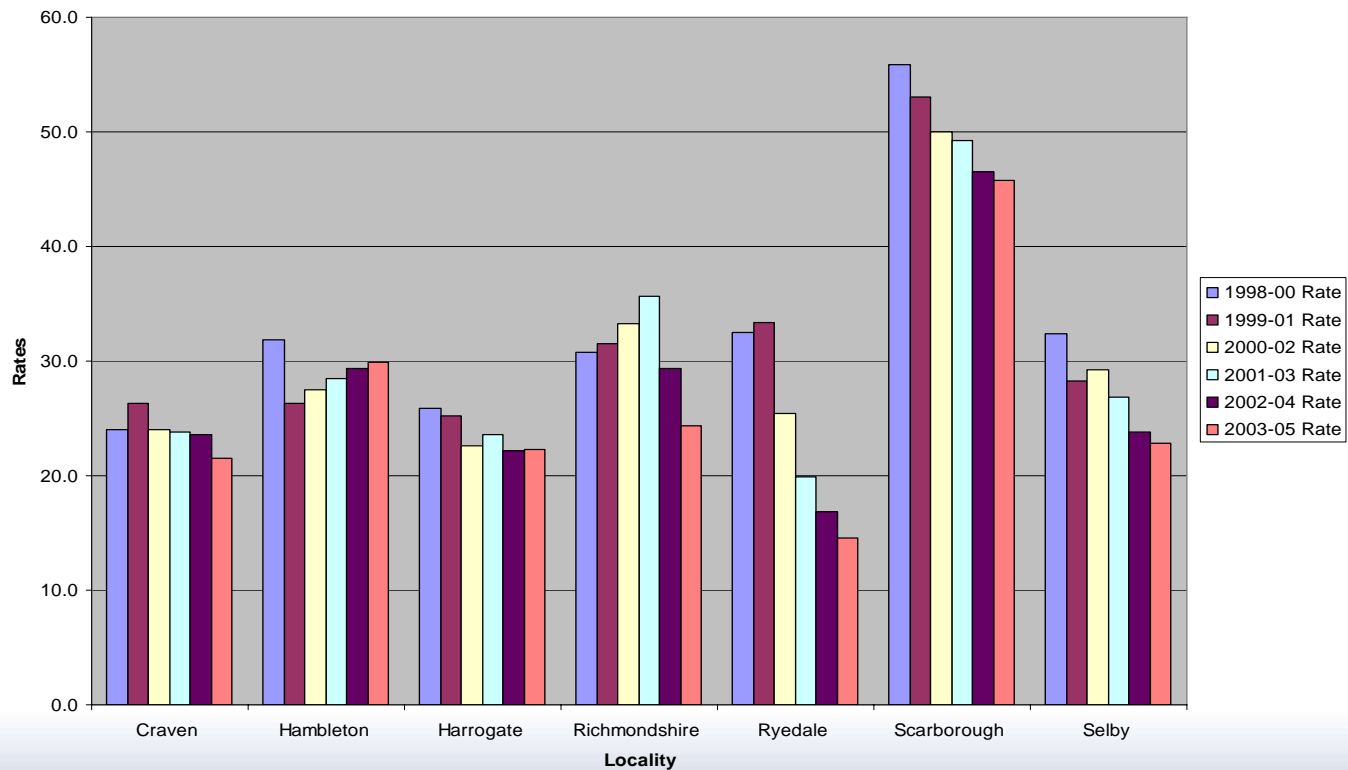


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# District Data

Conception Rates by Locality





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## “Hotspot” wards in N.Yorks

- Ramshill (Scarborough)
- Castle (Scarborough)
- Central (Scarborough)
- Woodlands (Scarborough)
- Filey
- Fairburn with Brotherton
- Eastfield (Scarborough)
- North Bay (Scarborough)
- Brompton (Northallerton)
- Low Harrogate
- Hipswell
- Northallerton North
- Selby North
- Skipton West
- Richmond West
- Colburn
- Streonshalh (Whitby)
- Newby (Scarborough)
- Eggborough
- Northallerton Central

NB: These wards are among the highest 20% in England



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**Recommendation One:** Young People and their Parents are consulted on the content and materials used for SRE

- 57% of North Yorkshire Schools have achieved healthy schools status – in line with stretch targets
- To achieve healthy schools status schools must demonstrate that they have consulted with pupils and parents on policy and the content of the SRE curriculum
- Young people have been consulted on the development of new materials advertising sexual health services. Available to all schools from September.



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**Recommendation Two:** Young people are invited to evaluate SRE

- Health Related Behaviour Questionnaire (May 2006) included specific questions around sex and relationship education
- All schools were invited to participate in the survey. 165 schools took part (26 secondary, 3 special and 1 pupil referral unit)
- 8275 pupils took part
- Survey will be repeated in 2008





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**Recommendation three:** Professionals are actively encouraged to undertake PSHE training courses in teenage pregnancy hotspots

- Training has been targeted in areas of high conception rates and in areas where needs have been identified through the HRBQ
- PSHE certification for teachers and community nurses – staff working in hotspot areas are prioritised and encouraged to take part
- Basic sexual health awareness training available to all staff working with young people – 4x a year
- Targeted training planned for staff working with at risk groups e.g. social care staff



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**Recommendation four:** Schools are encouraged to appoint a PSHE Governor and Governors are made aware of and encouraged to participate in training courses on SRE

- PSHE adviser school monitoring visits – recommendations made to appoint a link governor for PSHE if the school does not already have one
- Schools participating in the healthy schools programme (98% of schools) are recommended to ensure there is governor representation on their healthy schools task group
- Submission for healthy schools status – schools required to have governor representatives to moderate process
- Governors have been invited to key training events



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**Recommendation five:** SRE training events receive a higher profile in the Governors training brochure

- Section specifically related to SRE training in 2006-7 brochure
- Very low take up of governor training. Training took place in Pickering and Harrogate, but cancelled 2 due to poor uptake.
- Training evaluated well



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**Recommendation six:** Teenage Pregnancy Co-ordinator makes sure that young men are well informed on sexual health matters and can find help and support

- Young men in the looked after system have been included in a consultation on sexual health issues
- Youth service and Youth Offending Team - developing sexual health programmes working with boys and young men
- SRE training – includes strategies on working with boys and young men
- Boys and young men – tend to access school based sexual health services more than other mainstream services e.g. family planning, GP etc.
- New national guidance on supporting teenage parents – emphasises importance of young fathers in sexual health



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**Recommendation seven:** County Council compares the National Teenage Pregnancy Unit Deep Dive findings with our own

- Self assessment completed and submitted to Government Office in April 2007. Assessed to what extent North Yorkshire is meeting national guidance
- Fully: Senior sponsorship and engagement of all key partners
- Nearly: provision of young people focused contraception/sexual health services; strong delivery of SRE/PSHE; Workforce training on SRE; well resourced youth service
- Partially: Data collection; communication; targeted work with at risk groups; raising aspirations
- Partially/not at all: work with parents



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**Recommendation Nine:** Teenage Pregnancy Co-ordinator explores how more support, help and information sharing can be offered to parents

- Radio campaign targeting parents
- Communication strategy in place, includes publicity in pay slips and North Yorkshire Times
- Awareness raising sessions for foster carers
- Exploring links with extended schools and children's centres
- Investigating nationally recommended Speakeasy programme
- Commissioning voluntary sector to pilot programme for parents
- Information included in training for staff



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**Recommendation ten:** Teenage Pregnancy Co-ordinator develops a consistent county wide approach to providing SRE services

- Review of sexual health services in North Yorkshire
- Review of condom distribution scheme
- New guidance on sexual health services and FE colleges
- North Yorkshire protocol on linking schools with sexual health services
- Roll out of school based health services and colleges
- Feedback from HRBQ that young people do not know where to access services. New resources have been developed advertising services.



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**Recommendation eleven:** County Council works with PCT partners to employ more school nurses from 2007

PCT commitment to supporting health of school aged children

Innovative holistic models to support this, that include a multi-agency approach

- Review and modernisation of current service delivery models
- Use of other professionals with complimentary skills and competencies.
- Location of health care delivery e.g. Extended Schools
- Supporting appropriate signposting to timely and accessible advice and support.





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## **Recommendation twelve:** School Nurses receive SRE training and are part of a delivery team

- SRE training needs identified by geographical team. Training cascaded to school health teams and education colleagues. Some staff already have training around the delivery of SRE through other courses e.g.; Post Graduate Certificate in Education and the School Nurse degree course.
- SRE is delivered by school health teams in secondary schools in consultation and partnership with schools in line with curriculum planning. The delivery of SRE is through partnership with the schools to ensure that the delivery is suitable to the age group.
- Future work planned with other agencies who work with Young People e.g.; youth workers and to work increasingly in partnership with them. The aim is to ensure that the delivery of SRE is driven by a genuine desire to engage and empower young people to take ownership and responsibility around the choices and decisions made in their lives.



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**Recommendation thirteen:** PCTs are consulted on their plans to roll out the National Chlamydia Screening programme

- Chlamydia screening programmes currently operate in 2 areas: Hambleton and Richmondshire and Selby
- Plans are being drawn up to roll this out to other areas
- Working towards the target to screen 15% of all 15-24 year olds



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**Recommendation fourteen:** Information is requested from PCTs on the incidence of STIs in young people

- Carrying out a sexual health needs assessment gathering statistics on STIs
- Have so far identified gaps in the availability of local data
- Plans in place to access this data from service providers



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## **Recommendation sixteen:** Children and Young People's Service considers holding an annual SRE forum

- October 2007: Supporting pregnant teenagers and teenage parents event attended by over 120 professionals
- Sexual health of looked after children policy launch planned for October 2008
- Teenage pregnancy steering groups/networks in each area ensure local issues are supported and staff receive regular updates on sexual health and teenage pregnancy
- Basic sexual health awareness training running 4 x a year across North Yorkshire



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**Recommendation nineteen:** Following the adoption of its SRE policy, the Youth Service considers how it might contribute more to the SRE delivery process

- Named youth workers in each area leading on sexual health issues
- Regular network meetings to share good practice, identify gaps and discuss needs of staff and young people
- At least one youth worker from each area has been trained in delivering an accredited sexual health programme for young people
- Peer education programmes are being developed from this
- Basic sexual health awareness training available for all staff



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## Next steps/future developments

- Ensure teenage pregnancy is incorporated into the development of future LAA's
- Continue to address issues identified as a priority through self assessment e.g. data collection, targeted work with at risk groups
- Continue to ensure teenage pregnancy/sex and relationships work is incorporated into other priorities e.g. extended schools, parenting strategy, children's centres
- Complete a self assessment against new supporting teenage parents guidance